

# Presto! How I Made Over 100 Pounds Disappear and Other Magical Tales

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## BOOK DETAILS

- Author : Penn Jillette
- Pages : 368 Pages
- Publisher : Simon & Schuster
- Language : English
- ISBN : 1501140183

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## BOOK SYNOPSIS

An unconventional weight loss tale from an unconventional personality—Penn Jillette tells how he lost 100 pounds with his trademark outrageous sense of humor and biting social commentary that makes this success story anything but ordinary. Legendary magician Penn Jillette was approaching his sixtieth birthday. Topping 330 pounds and saddled with a systolic blood pressure reading over 200, he knew he was at a dangerous crossroads: if he wanted to see his small children grow up, he needed to change. And then came Crazy Ray. A former NASA scientist and an unconventional, passionate innovator, Ray Cronise saved Penn Jillette's life with his wild "potato diet." In *Presto*, Jillette takes us along on his journey from skepticism to the inspiring, life-changing momentum that transformed the magician's body and mind. He describes the process in hilarious detail, as he performs his Las Vegas show, takes meetings with Hollywood executives, hangs out with his celebrity friends and fellow eccentric performers, all while remaining a dedicated husband and father. Throughout, he weaves in his views on sex, religion, and pop culture, making his story a refreshing, genre-busting account. Outspoken, frank, and bitingly clever, *Presto* is an incisive, rollicking read.

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